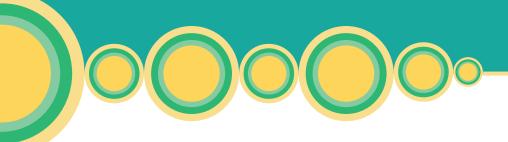
# Sense-Ability Toy and Sensory Resource Collection

Toys and assistive software catalogue











### SENSE-ABILITY TOY AND SENSORY RESOURCE COLLECTION

### **INTRODUCTION**

Sense-Ability is an exciting new venture which is being delivered through the Leitrim, Roscommon and Sligo library services. It is designed to support children and adults who are Neuro-diverse i.e. autistic people and those with ADHD, DCD/Dyspraxia, Dyslexia, and/or Intellectual disability. I am very excited and honoured to be part of this innovative and important project. I joined the team in January 2021 and worked on an advisory capacity throughout the first year of the project.

This catalogue contains the specialised lending collection of toys for children and teenagers that has been carefully compiled with Occupational Therapy guidance and advice. This collection will be available to borrow free of charge for parents and schools with Neuro-diverse children and is held in branches throughout counties Leitrim, Roscommon and Sligo. We have compiled some short video clips of elements of the collection with hints and ideas for how to use the toys and equipment. These clips are available on the library websites. There is also an amazing sensory room in the Mohill Library in Leitrim, in Ballymote library in Sligo, along with a wonderful sensory pod in Roscommon branch library and a Cubbie Sensory Hub in Castlerea library. We hope that this collection will bring your children joy and that they will build skills through play and having fun.



Dr Dorothy Armstrong MSc PhD
Private Practitioner in Occupational Therapy
Member of the Association of Occupational Therapists of Ireland
State Registered Occupational Therapist no. OT008844



### SENSE-ABILITY TOY AND SENSORY RESOURCE COLLECTION



"I am delighted to see this innovative service being offered through the Sligo, Leitrim and Roscommon library network. The collection showcased in this catalogue will support children and their parents and teachers in choosing and utilising these resources which will assist with sensory processing, promote self-awareness and enhance connection with everyday surroundings."

Councillor Michael Clarke. Cathaoirleach, Sligo County

"This is an invaluable service which will facilitate children having greater access to relevant services and collections that meet their needs. It adds to the ever expanding list of services and resources available to all through the library services of the three counties."







"I wholeheartedly welcome this initiative which will ensure that everyone is empowered to use library services in an inclusive and accessible way. It will deliver positive library experiences and will encourage those who are either currently non-users of the service or are only using services in a limited way to explore the range of library services on offer."

Councillor Tom Crosby. Cathaoirleach, Roscommon County Council







### WHAT IS SENSE-ABILITY?

Sense-Ability aims to offer positive library experiences for people with sensory or additional educational needs. It strives to develop sensory friendly, accessible library services for the people of Leitrim, Sligo and Roscommon.

It aims to provide a sense of belonging, a sense of space, a sense of welcome and a sense of support to individuals of all abilities, their families and caregivers.

Through consultation with relevant professionals, extensive staff training, a programme of events and the development of new and exciting spaces and services, Sense-Ability gives everyone the ability to use library services in an inclusive, safe, non-judgmental way.





### Conditions of use.

- Membership is free to any individual who lives, works or goes to school in any of the three collaborating Counties, Sligo, Leitrim and Roscommon.
- The loan period is three weeks.
- You may borrow up to three items at a time.
- The loan period may be extended by renewing the item online, by phone or in person.
- To register, users must have a referral from an Occupational Therapist, Medical Practitioner, Resource Teacher or other professional working with them.
- Teachers or Special Needs Assistants must supply a referral letter from their school principal to register to borrow on behalf of the school.
- Equipment should only be used on the advice of a qualified professional.
- Some items & equipment contain small parts, as such do not leave items unattended.
- The equipment is designed to be used in a safe and controlled environment under the supervision of a responsible adult.
- In the interests of Health & Safety please inform staff if equipment is incomplete or faulty.
- Library staff can assist users of this service, but cannot make recommendations on equipment.
- Toys & equipment may vary slightly from the photographs in this catalogue but will function in the same way.
- To ensure availability, please book the item you request in advance by phone or email. Contact details for your respective County can be found at the back of this catalogue or at https://sligolibrary.ie/contact https://leitrimcoco.ie/eng/Community-Culture/Library/Your-Local-Library https://www.roscommoncoco.ie/Coco/en/Services/Community/Library/
- You can also request items online using your Sense-Ability membership barcode and PIN number at sligo.spydus.ie, leitrim.spydus.ie, roscommon.spydus.ie
- Items in this catalogue are current at time of publication (2022) but some may be withdrawn or replaced.



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# Gross Motor Toys and Tools

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Call number SAC0001

# The games include:

Mirror image – divide into groups of two and the partner copies the body positions of their partner who uses a position on a card;

Beat the Clock, place a group of cards in front of the children and then imitate and see you can do the most; Follow the leader – the group stands in a line and the leader copies the movement on the cards and the children take turns to copy it down the line.

Children take it in turn to be the leader.

# **Body Awareness**

Body Awareness Fun Deck includes fifty-six illustrated cards featuring a character called 'Otis' - the OT Gorilla. Otis has a different body position on each card and children will enjoy working on body scheme, spatial awareness, and visual perceptual skills while imitating Otis. The cards measure 7.5cm  $\times$  10cm. The child can have fun copying the position on the card or can play one of the suggested games so this can be used to develop social skills too. There are five levels of difficulty, each color-coded for easy sorting.



Call number SAC4001

This Deck includes fifty-two double-sided cards. The card front presents an upper body activity with a large picture illustration, and the other side describes the movement activity with a smaller picture. It also includes four additional content cards providing game ideas, instructions, and a list of activity titles. The cards measure 7.5cm x 10.5cm and come in a tin.

# Upper Body & Core Strength

The 'core muscles' include the back, stomach and muscles of the pelvis and are really important in providing core stability in movement - they act like the trunk of the tree. Core and upper body strength is important in sitting, standing, balancing, handwriting etc. Exercising these areas can be tedious and these cards provide a fun method. Use the Upper Body and Core Strength Fun Deck to teach controlled use and stability of a child's trunk, shoulders, elbows, wrists, hands and fingers. These skills build an important foundation to help children complete everyday tasks successfully. The content cards present a developmental progression of movements (one side and then two sides together) focusing on trunk and shoulder use, coordination activities, and fine motor skills.



Call number SAC0003 SAC0004

### Gym Balls 45cm and 55cm

Gym balls can be used to improve core muscle strength and balance. Sitting on the ball will work the muscles of the stomach and back. Sitting and bouncing on the ball helps with balance and the muscles of the legs. Crawling over the ball onto the hands will help build upper body strength and stability and can provide proprioceptive input (input through the muscles and joints) and this can help with concentration – use as a movement break during homework.

### Sens 'o' Roll

This roll is similar to a peanut roll where most of the movement occurs forward and backward giving more stability than a gym ball. The Sens'o'Roll has a bumpy surface all over for a sensory and tactile experience.

Diameter 55cm, length 90cm. Recommended weight: max. 120 kg or 270 lbs



Call number SAC0005



Call number SAC0007 SAC0160 SAC0161 SAC0162 SAC0163

Peanut / Physio Rolls 30cm, 40cm, 55cm, 70cm, 85cm

For the correct sized physio roll, measure from your child's armpit to the tip of the middle finger in centimetres, this will give you an idea of the best roll height for your child. Physio rolls are easier to use than traditional gym balls as most of the movement is limited to forward and back, providing greater stability than a round ball. Also the saddle shape makes it easy to straddle, sit on or roll over. Designed to improve balance, gross motor skills and core strength.

They can also be beneficial for those with attention difficulties as they can provide that proprioceptive input that helps with concentration and thus can be used for a movement breaks. Please make sure that the product is used on a surface free from any objects so that you can avoid puncturing the ball.



Call number SAC0008

### **Hedgehog Stones**

Hedgehog stones are a hemispherical shaped object with sensory points on the curved area for kids to step on for sensory, balancing and massaging purposes. Set of six, 9cm diameter, 5.5cm high. Due to the small diameter of the stones they are best suited to young children three to seven years of age. These can be used to improve balance while moving from step to step and body awareness. Use them as part of an obstacle course for a fun game.

### **Rotation Board**

This can be a great first tool for developing balance as you can sit on the board and hold the side handles for a greater feeling of security. The child can also stand on the board if they are a more confident and proficient balancer.





Call number SAC0010

### Maze Balance See Saw

This balance board tilts from side to side and is helpful in improving balance. The task of mastering the maze distracts from the balancing exercise and encourages the children to stay on the board for longer periods. Set of six Balancing Ball Set

Great as a substitute for egg and spoon races.





Call number SAC0011

### Putt Putt Balance Board

This balance board allows the child to go from side to side and forward and back. There is a transparent removable track that can be removed to make the game more challenging.

# **Balancing Board**

This balance board is a good starting point when the child's balance is too good for a rocker board but is still challenged and needs improvement. It also has a ribbed surface to help prevent slipping. In trying to maintain your balance whilst using this balance board the body's sensory system is trained by forcing the brain and body to focus on remaining stable in a difficult situation. The fulcrum of this balance board is a wide semi-sphere whose diameter is less than the diameter of the balancing surface. This allows the board to pivot in all directions, forward-backward, leftright and anywhere in between, i.e., toward 360 degrees. Standing on a balance board, exercises muscles that are not exercised by standing on rocker boards that tilt in only two (opposite) directions.



Call number SAC0012



Call number SAC0013

# Smart Toss Early Skills Activity Set

This fun game can help your child practice their aiming skills - hand-eye coordination and movement control. It can also be used to reinforce early numeracy skills while building gross motor skills. The game provides four different ways to play: colour, number, shape and free play. An activity guide is included in the pack.

### Can Toss Set

This is a fun way to develop hand-eye coordination. The set is made of soft foam so there are no loud noises when the cans fall which makes this a great set for those with sound sensitivities. Great for both indoor and outdoor play. Includes ten cans, six balls and a storage bag.



Call number SAC0014



Call number SAC0016

### Lawn Darts

Aiming games are great for developing control of the force of a movement. Lay out the target hoops on the ground then take your place for the game to start. Each colour box contains four large soft nosed lawn darts and target markers.

# Handi Life Sport Boccia Bowling Light 6 Skittles

You can use the skittles for training precision with Boccia balls to develop skills for the Paralympic game of Boccia. This can also be used as a fun game of skittles and can help with hand-eye coordination. It's easier to stand and aim than to catch or kick a moving ball and so these types of aiming games are great confidence builders for engaging in ball sports.

You can build skills by increasing the distance from which the child stands away from the skittles when aiming. This is a great game that the whole family can become involved in and can be played from either the standing or sitting position.



Call number SAC0136



Call number SAC0137

### Handi Life Sport Boccia Lawn Set

The Set contains thirteen balls (six red, six blue and one white) packed in green nylon bag. Boccia can be played indoors or outdoors while sitting down either in a chair or a wheelchair and is usually played on a court or hall that is 12.5m long by 6m across. It is a Paralympic sport so is a great activity to get children with physical disabilities involved in. It should be played on a flat, smooth and clean surface such as a sports hall floor. Players must remain in the player boxes (1m by 25cm adjacent boxes marked with chalk or with tape on the ground) while they throw their ball. Full rules/instructions in set.

# Rubberflex Grab-ball - 21cm

These are very helpful for children who find it difficult to catch a ball. The Rubberflex balls are moulded in one piece and are very easy to control or to catch. These are a great ball to start practicing throwing and catching and when your child becomes more proficient you can move them to other balls.



Call number SAC0017



Call number SAC0018

### Slomo Bump Ball - 18cm

This is helpful for children who find it difficult to catch a ball as this ball is light and moves slowly through the air, giving the child more time to eye tract and get into the correct position to catch it. Could be used as the next stage in throwing and catching practice when starting with the Rubberflex Grab-ball.

### Audible Ball - Soccer Ball Size 5

Size 5 Soccer Ball with 4 sound devices inside, which have a distinct rattling sound. Sound balls, also called bell balls or audible balls, are helpful for people with impaired vision. The sound in the ball can also be attractive to children and encourage throwing and catching practice.



**17** 



Call number SAC0020

### Badminton - Mega

Set of two lightweight badminton rackets with soft foam handles with an extra-large racket face, one extra-large shuttlecock and one regular shuttlecock. These are really helpful for children with coordination difficulties as the larger racket face makes it easier to hit the shuttlecock. You can start with these large rackets and move them onto smaller, more regular rackets as they improve.



# Gross Motor Toys and Tools GAA Fun & Run Kit



Call number SAC8001

# GAA Fun & Run Kit

Inclusive kit for children with a range of abilities and disabilities.

# Kit Comprises of:

1 x Football,

1 x Tee for the ball,
18 x Bases - Yellow circular
rubber mats printed with
exercise on both sides,
4 x Directional Arrows,
1 x Bucket - Carrier bag
becomes bucket for the ball,
1 x Score Board,
1 x Rule Book,
1 x Kicking Tee,
1 x Large, bright Sliotar,
12 x Vests - (6 Blue, 6 Red)
1 x stack of disc cones (10 x
yellow, 10 x green, 10 x red,
10 x blue 10 x white).

We request that patrons wash the vests after use.

# Gross Motor Toys and Tools Gross Motor Skills Kit



Call number SAC4001

# Gross Motor Skills Kit

Rubberflex Grab Ball

Audible Ball - soccer size

Slomo Bump ball

Hedgehog Stones (6 pack)

Gym Ball - 45cm

Mud Balls (set of 3)

Upper body and Core Strength – Fun Deck

# Gross Motor Toys and Tools School Kit



Call number SAC2001

# School Kit

Balancing Ball set

Mega badminton (x 2)

Can toss set

Audible ball – soccer size (x 2)

Boccia Bowling light – 6

Skittles (x 2)

Boccia Lawn Set

Rubberflex Grab Ball (x 2)

Slomo Bump Ball (x 2)

Siphon pump Kit

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# **Fine Motor Skills**



Call number SAC0130

### Fine Motor Olympics Manual and Activity Cards

This Manual includes a Guide to Hand Function, an In-Service Training Program, a Quick Screening Form, and a Record Form - all the tools necessary to provide fine motor support and track student performance. The program is designed for an occupational therapist to provide inclusive and consultative services to teachers, volunteers, parents, and staff.

When used in conjunction with the Fine Motor Olympics Activity Cards the team will be able to deliver a structured, proven program to address students' difficulties with fine motor skills.

The Activity Cards are colour photographs of children's hands performing tasks to clearly demonstrate hand function.
They provide a proven structured program to address students' difficulties with fine motor skills.
Organised by the components of hand function, these fun and engaging activities facilitate daily motor skill "training." This set can be used in conjunction with the Fine Motor Olympics Manual.



Call number SAC0022

### Manipulation Flower

This toy promotes fine motor precision as the child moves the flowers up and down over the peg obstacles. It is also good for basic colour recognition.

### Turn 'n' Sort 2

This toy helps with fine motor precision and dexterity, hand-eye coordination and motor planning. Twist and screw the coloured disks into place on a circular wooden board. The internal shapes are different and children will learn how the disks need to be moved in order to get them on and off. Turn 'n' Sort 2 also encourages colour recognition and matching skills.





Call number SAC0024

### MegAbility Beads

This set includes six beads ranging in size from 5 x 5cm to 13 x 7cm with hole diameters ranging from 2-4cm. The soft nylon string measures 191cm long and features a handle and a stopper bead. This is a good 'starter' activity for children who find the smaller lacing activities challenging. It is a good activity for encouraging fine-motor and large-motor planning as well as coordination and eye-hand skills. It can help with colour recognition and can act as a pull toy.

# Threading Fruits Set

This set contains large chunky wooden pieces which are easy for small hands to manipulate threading fruits, promoting hand-eye and sequencing skills. This set can be used after the child has mastered the MegAbility beads but before some of the smaller threading sets. This activity would also be good for sorting, matching, sequencing, and to play pretend shopping games.





Call number SAC0026

### Cotton Reels

Set of cotton reels in bright colours plus a chunky threading cord. This task is ideal for threading and stacking to encourage hand-eye coordination, fine motor precision and manual dexterity. This set could also be used for counting, sorting and colour recognition.

# Lacing & Threading Buttons

This task encourages hand-eye coordination, fine motor precision and manual dexterity. This threading task is slightly more challenging than the cotton reel one and is a good next step. This can also be used for colour recognition, sorting and counting.





Call number SAC0028 SAC0029

### Lacing Blocks – Farm or Transport

This is a series of threading tasks involving making items that can then be used for imaginative play. This task encourages hand-eye coordination, fine motor precision and manual dexterity. It can also be used for counting and naming and then for imaginative play.

### Beads and Pattern Card Set

Colourful wooden spheres, cubes, and cylinders provide plenty of patterning practice, a prerequisite for early reading and math activities. The kit includes twenty activity cards.

108 beads in six colours (red, yellow, orange, blue, green and purple) and two black laces with plastic tips to lace the beads onto. The kit also comes with an activity guide. Children will be able to practice colour recognition, counting, sorting and learning about similarities and differences. The child will copy and create patterns which helps them identify the different attributes and recognize what comes next.







Call number SAC0031

### Filo

This toy allows children to create coloured designs with laces. The kit includes eight double-sided cards with designs to copy, coloured laces, lacing pen and a Filo board. The filo board holds the laces solidly in the position you want, you just need to push the lace into the exclusive self-locking slots with the lacing pens. There are instructions enclosed and the large cards have several examples to copy, or the child can create their own designs. This toy helps develop manual dexterity and hand-eye co-ordination, while encouraging creative thinking.

# Pegboard 10mm peg

This kit contains one pegboard (28 x 20cm), a plastic carrying case, 270 pegs in 10 mm and in five different colours and an album with design patterns. The child uses fine motor precision to place the peg where they want it to go and this kit can also promote visual perceptual skills as children copy the patterns. They can also design patterns of their own.





Call number SAC0033

### Pegboard - mixed sizes

This pegboard contains all of the features of the 10mm pegboard kit but offers a variety of peg sizes so that placement can be graded from easy to more difficult. The set contains three hundred pegs split between 10mm, 15mm, and 20mm pegs.

### Giant Peg Board Set 100 Pegs - 24 Cards

This kit includes twenty-four Template Cards with different levels of difficulty which promote hand-eye coordination, perception and left-right awareness. Placing the pegs correctly requires fine motor precision. The pegs can also be stacked on top of each other. The child copies the pattern on the card using the pegs.



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Call number SAC0035

### Jumbo Tweezers Set of 12

These tweezers can promote handstrengthening which targets the fine muscles of the thumbs and fingers that are used in handwriting. The child can have races with another child to see who can pick up the most items fastest. It can also be fun to use the tweezers to pick up food items such as popcorn.

### **Beehives**

This toy includes a colourful set of six bees, 6 hive pods, and a grasper tool (large wooden tweezers). The tweezers help with finger strengthening. The set also encourages fine motor precision, colourmatching and hand-eye coordination. Play ideas and patterns are included in the kit.





Call number SAC0037

### Thera-Bolly

This kit develops hand control, regulation of finger pressure and motor planning. The coloured small balls, which are equipped with a sucker, can stick easily to each other and allow the child to create small constructions. There are five different colours so this can also be used for colour recognition, counting and sorting.

# Fidget Wheel

This fidget wheel allows the child to easily grab onto the spokes or the wheel to manipulate the little enclosed PVC balls around the wheel, through the wheel or into the spokes. For an increased challenge, children can be asked to match the ball colours to the spoke colours. The Fidget Wheel encourages colour recognition, fine motor control, dexterity, crossing midline and visual tracking.



Call number SAC0038



Call number SAC0039

### Get a Grip on a Matrix

This resource is helpful for fine motor skills and also for early maths practice. Children, using challenging activity cards, attach pegs of one or two colours on to a baseboard, developing logical thinking and problem solving skills.

The kit contains one plastic grip-board, ten overlay activity cards, two coordinate cards without patterns and thirty-six miniature pegs.

# Peg Domino

Players take it in turns to attach small, coloured clothes peg shaped clips to the circular grip-board, matching the previous colour. Each player tries to use up his/her pegs. This game develops fine motor skills, sequencing, planning, identifying and matching colours. Squeezing the pegs to place them on the board encourages strengthening of the fingers.





Call number SAC0041

# Three Bulb Tracker – Tridget

This toy encourages manipulation and hand strengthening as the balls are pushed through the interconnecting tubes. The tracker also promotes tactile awareness, and visual perception, focusing and tracking. The green balls easily fall from one bulb to the other and one yellow tracking ball can also be manipulated and tracked through the three bulbs. It also makes a great fidget tool so helps with self-regulation and calming.

# Caterpinch

This activity can strengthen fingers as the child pinches the bumps. Use the index, middle fingers and thumbs to strengthen the fingers involved in handwriting. This can also make a good fidget tool to help with self-regulation and can also make a good warm up activity before writing.



# Fine Motor Skills Construction Toys - promote fine motor dexterity and motor planning



Call number SAC0043

### Geokid - Animal Links

This toy will help develop fine motor skills for your child's fingers. The child will need precise finger movements to interlock these animals which come in three shapes and six bright colours. The pieces snap together and pop apart. Children can have fun building towers and chains. The chunky pieces are easy to grasp and easy to clean up. The toy also allows for colour recognition and shape sorting and counting.

### Tecno

The kit contains an eighty piece building set including a pegged base, sixty screws, bolts & washers, four 3D threaded elements, four basic tools, eleven 2D threaded elements, and an instruction manual. Children can become familiar with basic mechanical skills and practice their manual dexterity and motor planning.



# Fine Motor Skills Everyday Skills



Call number SAC0047

### Latch & Learn School House

The plastic school house features: four windows and one door, all with a type of workable latched lock, five colourful room settings, school clock with moveable hands for early time telling activities. There are different coloured windows and doors which will build early colour recognition (green, blue, red, purple and orange). It comes with easy-to-hold people counters in the same colours, allowing for basic colour matching activities.

The activity set features numbers 1 -5 for early counting activities and number recognition. It introduces positional language as children can be asked to place the counters into different places e.g. 'put the counter on top of the' etc. Locking and unlocking the latches will introduce cause and effect to early learners. It includes one plastic school house, one teacher counter and four student counters.





Call number SAC0048

#### Wooden Doorbell House

This toy will help your child with colour recognition, counting (one to four), and fine motor skills. There are four different locks with small matching keys which allow children to open different compartments, each with its own working doorbell that makes a unique doorbell sound. There are four figures included with the set which can be put into the little room behind the door. You can also use the four little compartments for hiding rewards to keep children motivated.

#### Lock Latch Board

This board helps build fine motor skills and hand-eye coordination. Children will have the chance to learn how to use and open different kinds of locks including combination lock, key, T-bar and latch. There is an interesting picture behind every door.



Call number SAC0049



Call number SAC0050

#### Multi Play Box - Set of 5

This Activity Stacker is a multi-learning toy that features five sequential stacking boxes. Each box contains learning activities - a mirror, shape sorting, lacing, bead sliding, disc spinning, washboard scratching, belt buckling, hard buttoning, soft buttoning, shoe lacing, and zippering. Children can also stack them up to build a tower or nest them for compact storing. Two lacing strings are included. The fabric is removable for cleaning.

#### Dress Up Dragon

This toy gives the child a fun way to learn dressing skills. Mr. Dragon's hat adheres with hook and loop closure in two places, under his chin and on the blackstrap; the cape uses a clip belt; the non-removable vest buttons with three buttons while the second portion of his vest has four mm snaps; and the bottom of his vest has a zipper. His shoes enable work with lacing and tying skills. The cape, hat and shoes are removable.



37 Call number SAC0051



Call number SAC0052-054 SAC0138-0146



Learning Frame – Velcro, Buckles, Buttons, Bows, Toggles, Laces, Ties, Safety Pins, Loops and Zips

This set is part of a range of learning frames, these frames allows the child to practice doing and undoing buckles, zips and other fasteners.

#### Essential Scissor Kit

This kit provides a variety of scissors for the child to try so that they can find what works for them. The scissors are ideal for children in a mainstream setting who need assistance with scissor skill development. The Kit is supplied in an A5 zip PVC wallet and contains seven scissors including left hand versions where appropriate.

Guidance notes are also included.



Call number SAC0055



Call number SAC0118

### Developing Scissor Skills Work Cards on USB Stick

The authors, two leading Paediatric Occupational Therapists, have identified fourteen steps in scissor skill development. This USB can be used with any device to allow printing of the exercises which cover each stage of scissor skill development and are graded by difficulty. There are forty PDFs of advice, exercises and activities, activities are graded from pre-scissor skills to cutting out circles. The USB has four files giving a complete set of work cards as PDF documents.

#### Comprehensive Scissor Assessment Kit

This kit helps a parent, teacher or therapist to identify the most appropriate adapted scissors based on individual hand function abilities. The kit comes in a carry case and there are fifteen scissors (including left-hand versions where appropriate) of ten different styles. The kit includes a manual which gives specific information on each type of scissors.



Call number SAC0148



Call number SAC0058

BricMagic Maxi in Storage Box Kit for Fine Motor Skills Workshop for 8 children.

Bric magic is a creative game based on two shapes that fit onto the boards to create colourful mosaic pictures. It helps develop fine motor skills, creativity and spatial tracking. Children can create at will or copy a pattern by putting it under the board and clipping in place.

The kit contains 288 pieces (two shapes - eight colours) in a transparent box, eight trays to share the shapes between a group of eight children, six large translucent boards (21 x 23cm) with embossed shapes, two small translucent boards (13 x 15cm) with embossed shapes, thirty scale pattern cards (plastic card stock), sixteen fixing clips for the pattern cards to clip to the board.



Call number SAC6001

#### Fine Motor Skills Kit

Jumbo tweezers (12 pack)

Fidgipod

Squeezy-saurus

Peg Domino

Animal Links (loose pieces)

Squellet Ball

Fidget Wheel

3 Bulb Tracker - Tridget

Aku Ring

Wood Puzzle Snake

Write-grips (set of 4)

## Self-regulation

# Relaxation, Staying Calm and ready to focus and learn

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### (Relaxation, Staying Calm and ready to focus and learn)



KIT SAC3001

#### ARK's Sensory Bookmark

As a 'bookmark', it discreetly fits in with the rest of your desk items without specifically standing out as a sensory tool. Run your fingertips across four different textured sections - small bumps, larger bumps, straight lines, and diagonal lines. The lines have a mild feel while the bumps have a more pronounced feel for different levels of tactile input. The bookmarks are soft and flexible - bend them, twist them, roll them, and fidget away.

#### Desk Buddy Sensory Bar

For students who need different textures to touch or "fidget" with in order to concentrate, the Desk Buddy® is both practical and socially acceptable in a school setting. It is simply a ruler sitting on their desk but it has different textures and is bendable.



#### (Relaxation, Staying Calm and ready to focus and learn)

### **Self-regulation -** Tactile Tools



KIT SAC3001

#### Springy Coils

These coils are a very discreet hand fidget for students. The set includes ten coils in assorted colours and various lengths. The coils can be pulled and thus the student gets proprioceptive input which helps with concentration. The coils can also be used as a pencil grip.

#### Fiddle Fingers

This is a cube with a different item to fidget with on each side. It is helpful with selfregulation and can be an aid to concentration.



### (Relaxation, Staying Calm and ready to focus and learn)



KIT SAC3001

#### Twist & Lock Blocks

These are a very useful fidget tool. They allow the child an opportunity to move whilst learning and still remain seated in their chair. As with all fidget tools it's important to use them under the desk when at school so as not to distract other students. Fidget tools are a tool for the hands and not for the eyes and so the child should not be distracted by them when they're being used to aid concentration. A fidget tool is used to help the child focus and self-regulate.

### Fidget Tools – Squeezables and / or stretchables

#### Gel Bead Sensory Shapes

Each squeezable vinyl shape is filled with colourful gel beads which can make them a good fidget tool. This is an eight piece set with four different shapes and can be good for shape and colour recognition.





KIT SAC4001

#### Mud Balls - Set of Three

This set of three balls has three unique textures on the inside and the outside. Each exterior has a bumpy, pointy, or smooth textured surface. Each inside is filled with large beads, small beads or sand. There is a hidden snake in each ball for an added surprise to get those fingers working. These balls work well as a fidget or as a finger strengthener.

#### Squeezysaurus

This squishy dinosaur figure is made from soft plastic. It is an air-filled toy and can be squished and squashed in any way but will always returns to its original shape. This toy can help with stress reduction and self-regulation.



### (Relaxation, Staying Calm and ready to focus and learn)



Call number SAC0078

#### Stretchy Dolphin

This toy can be squeezed or stretched.

#### Squellet Ball

The Squellet Ball is a transparent ball, filled with coloured grains. It is easy to use to support a need for fidgeting and touching. These fidget tools can help with concentration and reduce stress. The Squellet Ball has a transparent skin with magnificent colour coming from the small plastic pellets inside. It measures 7cm in diameter.



#### (Relaxation, Staying Calm and ready to focus and learn)



Fidget Tools - Textures to touch

#### **Fidgipod**

This Fidgipod is appropriate for all ages of men, women and children who seek sensory input for calming and self-regulation. Fidgipod's nonskid bottom allows its user to simply place it on any flat surface and run their palm or foot over it for instant sensory stimulation. Fidgipod is 12.7cm in diameter and consists of over 200 small soft bristles that are satisfying to touch. It is 2.5cm in height.

Hedgehog Ball – 5cm – Green 6cm – Orange.

These colourful balls have a relaxing yet tactility stimulating effect so they are good for stress relief and self-regulation.



### (Relaxation, Staying Calm and ready to focus and learn)



KIT SAC5001

Sensory Stixx Hand Fidget Yellow or Red

This pocket sized fidget offers instant sensory input for self-regulation and calming. Can also be used as a small tactile roll, or as a sensory brush.

#### Aku Ring

The Aku Ring is a tough, tactile and flexible ring. It is manufactured with bumps, which transmit a pleasant sensory impulse. It is 17.5cm in diameter.



### (Relaxation, Staying Calm and ready to focus and learn)



KIT SAC6001

### Fidget Tools - Tools that can be moved in hands

Puzzle Snake - Wood

Colourful wooden puzzle snake has movable links to create funny shapes. It is a good fidget tool which can also be used in imaginative play.

#### Tangle

The pieces of the tangle can be taken apart and put back together again or the person may simply like to move it in their hands.



### (Relaxation, Staying Calm and ready to focus and learn)



Call number SAC0006

#### Twidget

Attachable fidget with a short key chain that offers soothing visual input and a satisfying moving texture. A slight sound encourages rhythmicity. It takes both hands to fidget with a Twidget. It also offers soothing visual input and moving textures. It is tough and durable.

#### Fidget Mat

This toy has a few different textures for the child to touch i.e. soft furry face, smooth eyes, tactile tentacles, springy hair and the pad itself is weighted which can be very calming for the child. The pad can also vibrate with the pull of a string. Size: 34cm x 60cm. Weight: 1.2kg.



### (Relaxation, Staying Calm and ready to focus and learn)



Call number SAC0061 & SAC0059

### Weighted lap pads to help when it's difficult to calm down enough to focus and learn

#### Lap Pad 1 kgs and 2kg

Can help the person feel calmer, these weighted pads can also be used in school to help a student become calm enough to be able to work. If this is being used for school or homework, use for approximately twenty minutes at a time (as the child will get used to the input and it becomes less useful).

#### Weight Pouches

Weighted Therapy is a very common form of therapy used to help children relax. The pressure input on the nervous system can provide instant calming.

Suitable for the older child, the 0.5kg, 1.0kg and 1.5kg pouches may be used for up to twenty minutes at a time before their bodies become used to the sensory input, thus reducing effectiveness.



### **Self-regulation - Movement Tools**

(Relaxation, Staying Calm and ready to focus and learn)



Call number SAC0062

#### Disc 'o' Sit Junior

These cushions are very helpful for children who need to move to be able to concentrate and learn. They can also be used to build core muscle strength. If a child has poor balance don't inflate the cushion too much if you're using this for concentration or all their attention will have to go to keeping themselves stable on the chair.

#### Disc 'o' Sit

This cushion is for older children, teenagers and adults and does the same as the disc 'o' sit junior.



### **Self-regulation - Movement Tools**

### (Relaxation, Staying Calm and ready to focus and learn)

#### Bene Feet Mat

This can be placed under the child's feet to provide an opportunity for movement and some tactile input. This can be helpful during homework activities as an aid to concentration.



Call number SAC0065



Call number SAC0064

#### Think - N - Roll Foot Roller

Easily attaches to the front of any standard classroom chair and provides a foot roller to allow the child the opportunity to move whilst staying at their desk. Helps children who need to move a lot to self-regulate and concentrate.

#### Chair Socks - Set of 4

Place on the end of chair legs to prevent sound when a chair is moved. Helps reduce overall noise in a classroom and are particularly useful for children who move a lot on their chairs.



Call number SAC0150

### (Relaxation, Staying Calm and ready to focus and learn)

#### **Self-regulation -** Tools for the ears



Call number SAC0067

#### Ear Defenders - Red or Blue

These are also great for noisy environments and it can be good to try these or the 'Alpine Muffy' versions in order to see which your child likes best. These ones Weighing only 190 grams, and they can be folded up to fit in the palm of your hand, making them easy to carry with you, or store away. Ear defenders are great for sound sensitive children who find noisy environments overwhelming, they dull the sounds around them.

#### Alpine Muffy Black

The Alpine Muffy earmuff has been especially designed for the ears of small children and can be used in various noisy situations, such as parties, parades, firework displays, car and motor races and concerts. These ear protectors for kids are also very suitable to learn and read in a more focused manner either at home or at school. The adjustable headband covered in soft fabric fits any child's head so they won't grow out of it. The Alpine Muffy earmuffs can be worn by children of all ages. However, we recommend that they are not used for children younger than two years old. Up to that age, the skull can still be too soft and flexible, as it hasn't sufficiently grown together yet.



Call number SAC0066

#### **Self-regulation -** Calming Visual Tools



Call number SAC0068

#### Laser Sphere

This dual use laser pod is a relaxing colourchanging mood light as well as being a light show projector. With the iridescent semi sphere top attached, beautiful patterns are created within the sphere. Remove the top and a dazzling light show is displayed upon the ceiling. Supplied with AC adaptor

#### Rainbow Maker Night Light

The Rainbow Maker uses multi-coloured LED lights that reflect against the domed base which then projects the resulting beam onto the nearest flat surface. The Rainbow Maker has two modes. The first switches the whole rainbow on and the second switches on one colour at a time. There is an automatic shutoff function to preserve the battery, making it an excellent night light. The rainbow shape can be adjusted on the reflector plate located on the projector dome.



### **Self-regulation -** Calming Visual Tools



Space Projector - with Blue/Green Oil Wheel

This projector projects a constantly changing rotating pattern of up to 3ft on to walls. This can be very calming and can help a child (or adult) recover when they've been overwhelmed. Should be used under adult supervision.

#### Starlight Night Light

Small projector unit that projects a starry sky across the ceiling. The top of the unit is covered in specially shaped holes that sit above a light, allowing it to shine through the gaps and make stars and a crescent moon appear on the surface immediately above the projector. The device itself is purple with a starry design on the top that closely resembles the projected light patterns. This is a tool for calming and relaxing.



Call number SAC0071



Call number SAC0075

#### **Enchanted Meditations for Kids**

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This CD presents a children's meditation CD by a yoga and Montessori teacher. This one-hour CD comprising of eight short meditations is designed to help children sleep more soundly and it can also be used to help children relax during the day. It guides children to the creative part of their mind through a number of carefully scripted story meditations.

#### Anxiety Set - Worry Wheels

Many children and young people with autism and diverse needs are affected by anxiety issues that have a profound effect on their behaviour and enjoyment of life. Their worries can be linked to certain people, certain places or particular situations. The resulting anxiety can manifest itself with many physical effects as well as leading to poor self-esteem, poor concentration and isolation, which in turn affects friendships, school work and social activities.

This pack of resources aims to help parents, carers, teachers and professionals to work through the causes and effects of anxiety to help children and young people to both think differently and act differently and thereby reduce the anxiety in their lives. The set includes four Worry Wheels – one with the physical effects of anxiety; one with suggested reasons for the anxious feelings; one with suggestions for the 'social effects of the anxiety'; and one with suggestions as to 'how to manage the anxiety'. There is also a 'telling someone you feel worried' fan and a write-on wipe-off worry cloud. This set comes with an A4 Facing Fears Poster.



Call number SAC0079



KIT SAC5001

#### Cuddle Ball Blue

By simply squeezing and cuddling this ball, children will experience a deep and calming pressure that will help them deal with any anxiety and stress they are going through. It's made of Polypropylene/Cotton and is soft to touch. It is machine washable at 30 degrees but please don't tumble dry this toy.

#### **Tote Around Hound**

This toy weighs 3 kg and can be very calming for the child to hold and cuddle as it provides deep tactile input for them. Use for approximately twenty minutes at a time (as the child will get used to the input and it becomes less useful).



Call number SAC0073



Call number SAC0074

#### Weighted Dolphin 2kg

Weighted animals are children's comforting companion and valuable partners for parents. Through the provided pressure, they help children remain attentive in class, focus during homework, alleviate excess energy or provide the necessary calmness for bedtime. They can also keep a child company during rest or nap times, develop their imagination, or simply be there to hug! The dolphin can be worn if necessary on the shoulders and around the neck or on the child's thighs. A period of use of 15 to 20 minutes is recommended due to the weight of the animal.

#### Liquid Timer - Round Tube

Don't use these as a timer but instead use for calming. Just provide them for the child to watch the bubbles move gently down the tube.



Call number SAC0076



Magic Wand 2 Colour Twist

Can be very relaxing to hold the wand and watch the objects move in the wand.

Ooze Tube Set of 3 - 120 x 50mm

Watch and relax.



Call number SAC0147

### **Self-regulation -** Concentration and Visual Stress Kit



Call number SAC3001

# Concentration and Visual Stress Kit

Reading windows (x 5)

Desk Buddy Sensory bar - Chewable Ruler

Arks Sensory Bookmark

Fiddle Finger stress relief Cube

Tangle

Springy Coils

Twist and Lock Blocks

### **Self-regulation -** Sensory Kit



Call number SAC5001

### Sensory Kit

Liquid Timer

Rainbow Projector

Cuddle Ball - Blue

Sensory Stixx

Cater pinch

Hedgehog Balls (x 2) Green and Orange

Magic Wand – Colour twist

- p65. First Shapes Puzzle
- p65. Geometric Shapes
- p66. Classify colours and learn to count
- p66. Beads Sequence
- p67. Magnetic Matching Picture Game (Wood)
- p68. Music Centre
- p68. Jumbo Dominoes Soft Foam
- p69. Snap Cubes in a Tub
- p69. Abacus
- p70. Magnetic Number Maze
- p70. Super Sorting Pie
- p71. Fractions Modular Flip Charts

- p71. Numicon Firm Foundations One to One Apparatus Pack
- p72. Numicon Breaking Barriers Group Apparatus Pack
- p73. Time Timer Audible Original (18cm)
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- p74. Sand Timers
- p74. Mega Timer
- p75. Time Activity Set
- p75. Bee-Bot Kit



Call number SAC0080

#### First Shapes Puzzle

This extra-thick wooden puzzle features a five big puzzle pieces. Jumbo wooden knobs are easy for little hands to grasp and lift, revealing full-colour matching pictures underneath each piece. This is a good tool for colour and shape recognition and naming.

#### Geometric Shapes

This puzzle works well as a follow-on puzzle when the child has mastered the first shapes puzzle. It has the easy to grasp wooden knobs and the colours under the shapes. This is a good tool for colour and shape recognition and naming.





Call number SAC0082

#### Classify colours and learn to count

This kit contains three hundred counters in six different colours for practising colour recognition, matching and counting. The kit comes with four large dice which have colours, dots and numbers for learning to count as well as plus and minus signs for doing basic sums with the counters

#### Bead Sequence

This set includes seventy-two hardwood beads in five colours and five shapes to provide ample options to make sequences and patterns. Also included are ten plywood sequence panels, ten threading poles and two sequencing cords. This is a good kit to develop early maths skills such as colour recognition, matching, putting things into sets and counting. It can also help with the development of fine motor control.



Call number SAC0083



Call number SAC0084

Magnetic Matching Picture Game (Wood)

This kit allows you to combine more than 100 wooden magnets to recreate and bring to life imaginative scenes.

Fit a large background scene on the magnetic game board, choose one of the small suggestion cards with the same background, then find and place the magnets that match the suggested picture. The set includes 119 wooden magnets, 2 double-sided background cards, 4 double-sided suggestion cards, a magnetic game board that stands up in a sturdy wooden storage case with handle.

This kit is a useful tool for early maths skills such as matching, colour recognition, and problem-solving skills. It's also useful for practicing fine motor and naming skills. The scenes that can be created include a day on the farm, backyard playtime, heading off to school, and busy day in Town.



Call number SAC0085

#### Music Centre

Music is a great way for a child to learn early maths skills. Use to practice counting by counting out beats. This toy can also be used for colour recognition and practicing listening skills – 'how many beats did you hear?', 'can you make four notes'. Also good for copying the beats the adult plays.

#### Jumbo Dominoes - Soft Foam

This set contains twenty-eight double-six dominoes and comes in six bright colours – red, blue, yellow, orange, green and purple – with white dots. They are made of lightweight soft foam to make them easy for younger students to manipulate. Children can enjoy matching the number of dots to play dominoes. This set is good for practicing sorting, counting, patterning and matching.



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Call number SAC0087

#### Snap Cubes in a Tub

This tube contains a set of 100 snap cubes in a plastic tub. The child can match the snap cubes by colour or by the geometrical shapes on each cube. The cubes are also good for counting, adding, subtracting, dividing and multiplying. Each cube measures 2 x 2cm.

#### Abacus

This traditional wooden abacus helps to teach children math skills, patterning and colour recognition. It features ten rows with ten colourful beads on each, can be used for adding, subtracting, multiplying and dividing.



Call number SAC0088



Call number SAC0152

#### Magnetic Number Maze

This activity is helpful for colour recognition and counting. The child fills each basket with the correct number of red "apples" by sliding the attached magnetic wand over the acrylic cover. This helps with number recognition and with counting. It is also helpful for pen control and practicing a tripod grip to hold the wand.

#### Super Sorting Pie

This activity teaches key early numeracy skills as children sort the fruit counters by their attributes. They can place the sorting cards into the pie base to provide visual cues to help with sorting. They can use the jumbo tweezers to lift the pieces which helps with finger strengthening and fine motor control. There are seven different fruits in five different colours. The activity also includes an activity guide.





Call number SAC0155

#### Fractions Modular Flip Charts

These mini flip charts allow the child to look at the same concept in terms of a fraction, decimal, percentage and the fractional parts of a circle. This can make fractions clearer with these hands-on plastic modular flip charts. Each module measures 15cm square and folds flat for storage. There is an activity guide included.

Numicon Firm Foundations One to One Apparatus Pack

Designed for early years' settings, the Firm Foundations Kit gives lots of practical ideas for helping children to develop understanding of numbers and number relationships.

The Kit includes a series of multi-sensory games and activities where pupils are taught the colours and patterns of Numicon, to order the Numicon Maths Shapes and to learn their number values. They move on to ordering numerals and shapes together and then begin practical addition and subtraction.





Call number SAC0131

Numicon Breaking Barriers Group Apparatus Pack

The Numicon apparatus encourages children to reason mathematically through the use of concrete objects. Teachers of children experiencing particular difficulty learning maths will find this kit helpful. This pack contains:

Numicon: 100 Square Baseboard

Numicon: Feely Bag

Numicon: Large Format Table Top Number Line

Numicon: 80 Coloured Pegs

Numicon: Box of 80 Numicon Shapes

Numicon: Number Bond Baseboard Overlays

Numicon: Picture Baseboard Overlays Numicon: Extra Numicon 1-shapes Numicon: 10 Numicon Ten Shapes

Numicon: Spinners Numicon: Dice

Numicon: 0-31 Number Line (pack of 3)

Numicon: 10s Number Line Numicon: 0-100 Numeral Cards

Numicon: 0-100cm scale Number Line



Call number SAC0157

#### Time Timer Audible - Original (18cm)

The size of the Time Timer audible is 18 x 18cm. It can be set for a specific time e.g. 20 minutes and the red disc gets progressively smaller until the twenty minutes is up, at which time it makes a soft 'bing' sound. The Time Timer is very helpful in helping children develop a sense of time and how long time 'feels'. It can also be helpful for movement breaks e.g. "you only have to work for twenty minutes and then you can have a break". Most neurodiverse children find time pressure stressful so please avoid telling them they have to have a task done by the end of the time on the timer.

Time Timer Audible - Personal (7.5cm)

This is a smaller version of the time timer above and is good for the older student. It can be used to encourage time awareness while they set it for their movement breaks.



Call number SAC0158



Call number SAC7001

Sand Timer Kit – 30 second, 1, 2, 3, 4, 5, 10, 15, 30 minutes.

These Sand timers have moulded end caps and shatterproof plastic barrier to protect the inner glass. They offer a visual demonstration of the passing of time and help develop time awareness. There are different coloured timers measuring different time spans: thirty seconds, one, two, three, four, five, ten, fifteen and thirty minutes. Most neurodiverse children find time pressure stressful so please avoid telling them they have to have a task done by the end of the time on the timer. The timers could be used for children to guess how much time something would take.

Mega Timer - 1 Minute (Green), 2 minute (pink), 5 minute (blue)

These large sand timers with moulded end caps and thick wall surrounds can be good for younger children. For easy identification each timer is colour coded. These are very helpful for creating time-awareness. There are different coloured timers measuring different time spans: one, two, five and ten minutes. Most neurodiverse children find time pressure stressful so please avoid telling them they have to have a task done by the end of the time on the timer. The timers could be used for children to guess how much time something would take.



Call number SAC0164



Call number SAC0089

#### Time Activity Set

This activity set helps children learn to master time telling with these fun, hands-on activities and teaching resources. It includes three timedice (2 x hour and 1 x minute) to illustrate digital time; twenty-four double-sided analogue and digital puzzle cards to help visualise the relationship between digital and analogue displays; twelve double-sided, wipeclean daily activity cards to encourage a link between time and everyday activities; plastic clock with moveable hands (measures 13cm). Hours and minutes are colour-coded for easy identification; wipe-clean clock.

#### Bee-Bot Kit

#### Contents:

Bee-Bot - Rechargeable

Bee-Bot Busy Street Mat

Bee-Bot Obstacle Course

Bee-Bot is a programmable toy in the shape of a bee. It is used with a mat and the child programmes the Bee to move around the mat. It can teach counting, directional language (right, left, forward, backwards etc.) and basic programming. Bee-Bot can accurately move in steps of 15cm, turn in 90° turns, and remembers up to 40 steps. It is supplied with a USB lead; Bee-Bot® can either be recharged via your computer or a wall socket with a USB mains adapter (not supplied). Not suitable for use in sand or water.



Call number SAC0090

Some people find it difficult to read as the page can seem very bright and the words can move or feel like they're lifting off the page. Coloured overlays can help reduce these symptoms and make reading more comfortable. The following is a selection of overlays that can be borrowed so that the child can figure out which are the most comfortable type and colour for them.

- p77. Visual Stress Assessment Pack School Edition
- p78. Page Reading Overlays 10 Assorted Colours Pack
- p78. Reading Ruler Overlays Duo Window Pack of 10 Assorted Colours
- p79. Reading Windows



Call number SAC0135

Visual Stress Assessment Pack - School Edition

The Visual Stress Assessment Pack provides anyone involved in detailed assessment of the colour overlay needs of individuals with a full battery of information and assessment tools, presented in a clear, easy to follow format that is accessible to professionals and non-professionals alike.

It also includes background information and research references for those new to Visual Stress interventions, and follow-up material that ensures parents and others can be easily and fully informed of assessment results and recommended further action. The pack is written and designed for ease of use by non-specialists, and includes everything necessary to carry out a thorough assessment.



Call number SAC0092

Page Reading Overlays - 10 Assorted Colours Pack

These page reading overlays come in a variety of colours. They are designed for children who have light and visual sensitivities and find reading on a white page difficult i.e. they can find the white page too bright and/or the text can lift from the page and move. You place them over the text for reading. Try the different colours and see which is most comfortable for your child. These pages are useful for children who are good at tracking i.e. can read without losing their place or having to put their finger under the text as they read. If the child has challenges with tracking use the reading ruler overlay or the reading window.

Reading Ruler Overlays Duo Window - Pack of 10 Assorted Colours

These reading ruler overlays come in a variety of colours. They are designed for children who have light and visual sensitivities and find reading on a white page difficult i.e. they can find the white page too bright and/or the text can appear to lift from the page and move. You place them over the text for reading. Try the different colours and see which is most comfortable for your child. The reading ruler also helps with tracking (keeping your place when you read) as the child can only see one line of text at a time.





Call number SAC0094

#### **Reading Windows**

These reading window overlays come in a variety of colours. They are designed for children who have light and visual sensitivities and find reading on a white page difficult i.e. they can find the white page too bright and/or the text can lift from the page and move. You place them over the text for reading. Try the different colours and see which is most comfortable for your child. The reading window also helps with tracking (keeping your place when you read) but allow the child to see more than one line at a time and thus could be used as a step up from the reading ruler overlays. These windows are also useful for maths as the child can see the full sum rather than just a line of it.

- p81. Rubbing Plates: Junior
- p81. Double Handed Tracking Board
- p82. Magnetic Maze Turtle
- p82. Magnetic Maze for Two
- p83. Magnatab Kit: a-z Lower Case and A-Z Upper Case
- p83. Pencil Grip Senso Set of 4
- p84. Pencil Grip Sample Set

- p84. Blackboard with Double Lines
  - Handwriting Without Tears Programme
- p85. Finger Spacer
- p85. Sloped /Slanted Writing Boards Yellow
- p86. Sloped Writing Board Collapsible
- p86. Movin' Sit wedge Cushion Junior
- p87. Movin' Sit wedge Cushion
- p87. Comfort 'a' Back or Foot Rest



Call number SAC0095

Rubbing Plates: Junior

These plates provide a fun opportunity to practice early pencil grip skills. Begin with a large crayon and encourage the child to use a tripod grip while drawing on the paper placed over the plate. If the child is enjoying the activity, gradually move to smaller and smaller writing implements until the child is able to use a regular size pencil

Double Handed Tracking Board - Pears

These tracking boards are helpful for learning how to hold a pencil and can help with pencil control. Guide a wooden pencil along the pattern carved into this sturdy wooden board. Suitable for right or left handed children.





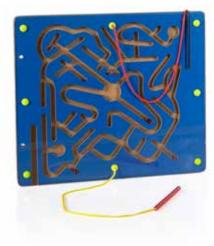
Call number SAC0097

#### Magnetic Maze Turtle

Practice using a tripod grip while holding the magnetic wand to get the balls to the centre of the maze. The maze comprises eight balls in a maze, a magnetic pin and solid acrylic glass cover. Good for development of pencil grip and pencil control.

#### Magnetic Maze for Two

This board can be used by two people at once and it can be helpful for the adult to do one side in order to show the child how to hold the pencil in a fun way. Using the magnetic wands to get the balls to the centre of the maze can help with fine motor control and with the development of a good pencil grip.



Call number SAC0098



Call number SAC0099

Magnatab Kit: a-z Lower Case and A-Z Upper Case

As the child traces over the letters they will feel the pull of the magnet, hear the clicking of the beads and see the letters forming as the beads raise. The child can then gently touch the beads down again for a tactile experience. Using sensory memory children can better retain information, making this a good tool for letter recognition and formation. The child can also practice using a tripod grip to hold the stylus.

Pencil Grip - Senso - Set of 4

This is a set of four sturdy pencil grips or pencil topper. It includes two textured red and two standard red pencil grips. These grippers will help with pencil grip but are also a fidget tool for self-regulation and calming.



KIT SAC6001



Call number SAC0101

Pencil Grip - Sample Set

This set contains a range of pencil grips that you can try with your child to see which supports them best to form a tripod grip when they write.

Blackboard with Double Lines - Handwriting Without Tears Programme

This board is used with the handwriting without tears programme. It helps the child to learn letter formation, line placement and sizing of letters.

#### Slate Chalkboard

Helps children learn to write capitals and numbers without reversals. Use Little Chalk Bits to foster finger dexterity and good pencil grip.







Call number SAC0151



Finger Spacer

A finger spacer helps the child to learn how much space to place between words. They also encourage the child to use their non-dominant hand to stabilise the page as this hand is needed to stabilise the finger spacer. Sloped /Slanted Writing Boards - Yellow

A writing slope encourages good positioning when writing. It encourages the wrist to go into the correct position for writing (mild extension). It also encourages a good upright sitting posture. Encourage the child to use their non-dominant hand to support the page as this will further improve posture.



Call number SAC0104



Call number SAC0105

#### Sloped Writing Board - Collapsible

This writing slope is helpful for the older student. A writing slope encourages good positioning when writing. It encourages the wrist to go into the correct position for writing (mild extension). It also encourages a good upright sitting posture. Encourage the child to use their non-dominant hand to support the page as this will further improve posture.

Movin' Sit wedge Cushion - Junior

These cushions help the child get into a good sitting position for handwriting. Make sure their feet are flat on the ground and that the cushion is not fully inflated. The cushion can also allow for a little movement if a child needs this to stay regulated but are primarily needed for postural support.



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Call number SAC0107

#### Movin' Sit wedge Cushion

This cushion is suitable for the older child, teenager or adult. These cushions help the child get into a good sitting position for handwriting. Make sure their feet are flat on the ground and that the cushion is not fully inflated. The cushion can also allow for a little movement if a child needs this to stay regulated but are primarily needed for postural support.

#### Comfort 'a' Back or Foot Rest

This can be placed under the child's feet as they write to support them getting into a good sitting position for writing. It also provides additional support which helps the child maintain an upright seated posture and helps them to stop crossing their legs which can impact their writing.



p89. Ring-a-Lingers - Set of 6

p89. Band in a Box

p90. Ruff's House Teaching Tactile Set

p90. Better Builders Emotions

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p94. Colorcards - Prepositions

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Call number SAC0110

#### Ring-a-Lingers - Set of 6

These ring-a-lingers can be used for communication and are especially helpful for child who has difficulty communicating with words. They can practice turn taking in a musical conversation, copying beats and having a chance to lead the 'conversation' when the adult copies their beats. Ring-a-lingers can also help with body awareness as the child's attention is drawn to the part of the body the ring-a-linger is on.

#### Band in a Box

These musical instruments can encourage a 'musical conversation' in a group. Practice turn-taking, mirroring sounds, leading the beats. Playing music also develops listening skills.





Call number SAC0112

#### Ruff's House Teaching Tactile Set

This toy includes a little dog and twenty bones (two each of ten textures), it includes an activity guide and plastic doghouse. This is useful for learning language around texture e.g. smooth, silky, scratchy, bumpy, ridged and more. The toys can also be used for matching, counting and pretend play.

#### **Better Builders Emotions**

Better Builders® Emotions features six play characters. The faces express six distinct emotions to help children learn and understand emotions i.e. happy, sad, angry, surprised, confused, and scared. The child can interchange the friction-fit hairstyles, three conventionally male and three conventionally female, to create new personalities and allow for personal connection to the characters. The thirty piece set includes two blue, two yellow, and two red ball and rod bodies with gender neutral shirts and shoes.



Call number SAC0113



Call number SAC0114

#### Rainbow Photo Album

The photo album has fifteen double sided pages to add personalised inserts, pictures or photographs and thirty recordable buttons to leave a ten second message that the child can hear when they look at the picture. This can be used as a great resource for learning the names of people or creating talking story books i.e. social stories, or for recording instructions e.g. the steps to cleaning teeth etc. It comes with a pack of 1-30 reusable page number stickers.

#### Before and After

The game comprises ninety photographs divided into thirty series of before-during-after situations. Each master-card forms the centre of a series of three which the child has to complete on both sides with the correct photo cards. The game is organised around ten long central master-cards. The objects, people and situations represented in the photos are easy for the child to identify and name and also determine what they do/are for.

The series recreate situations and experiences from everyday life which are familiar to the child's environment and enable the child to become aware of the functional relationship that unites them. It can also help with developing language by using the verbs that correspond to the actions represented in the photographs. The "before-during-after" association develops an internal mental process that enables the child to establish a sequential relationship in time and discover the logical and temporal order.



Call number SAC0117



Call number SAC0116

#### Colorcards - Basic Sequences

Use these three-step sequences to demonstrate simple sequentially related actions which will help establish basic concepts and encourage an understanding of order and direction. There are forty-eight cards illustrating everyday activities in three-step sequences. The set of sixteen three-step sequences portray a range of everyday topics including making a bed, wrapping a present, dressing a baby etc.

#### Colorcards - Basic Verbs

This set includes forty-eight professionally photographed cards which illustrate frequently used verbs in simple settings. Each card can be selected to be used independently or grouped with others for use to encourage discussion and consideration about the topic depicted. There is an accompanying booklet which details the contents of the set and includes suggested ways to use the cards.



Call number SAC0115



Colorcards - Cause & Effect

This set includes forty-eight cards illustrating two-step sequences of day-to-day events. The set contains twenty-four sequenced pairs that illustrate how 'one thing leads to another'. A specific situation is presented on the first card, the user then having to predict the possible outcome that may, or may not, be shown on the second card. Includes a variety of sections that are immediate or happen over a period of time; welcome or unwelcome; positive or negative.

The set is designed to help develop logical and critical thinking skills, this set will also help with verbal reasoning as well as encourage the use and practice of questioning. The subject matter includes: the boy with the ball indoors... knocks the flowers down; the girl leaves the bath water running... and it overflows; the boy eats a lot of chocolate... and feels ill; the girl builds the bricks into a high tower... and they fall down.



Call number SAC0119

#### Colorcards - Prepositions

This set of 48 cards is designed to develop comprehension and expression of prepositions. The cards are arranged in eight sets of six cards. Each set represents a single preposition photographed six times in different contexts. Examples include: 'In' -the girl is standing in the bucket; 'On' - the boy is sleeping on the chair; 'Under' - the bowl of fruit is under the table etc.

The concepts and vocabulary shown relate to common experiences such as a cat on a lap, whilst other cards introduce humour with, for example, a bear queuing at a bus stop.

#### Colorcards - Categories

This set comprising two identical sets of ninety-six photo cards, depicts twenty-four everyday themes from animals and plants, to clothes and household objects, and has been designed as a vocabulary intervention with a variety of activities. The cards are categorised as 'simple' and 'complex' and can be used for matching colours, patterns, and association



Call number SAC0120



Call number SAC0123 & SAC0124

Colorcards - Decisions/Personal Safety - Outdoors

These cards are designed for teenagers and adults and help the person think through how to identify and deal with unexpected and potentially dangerous situations by providing knowledge about possible and appropriate reactions. Understanding and acknowledging the need to consider this aspect of life will help the person be prepared to deal with some of life's challenges.

The set will provide multiple opportunities for discussion. The kit includes a booklet that provides details about the cards and activities and ideas to use.

They can be used in discussion, role-play, storytelling and creative activities. This set of cards features 36 different situations and dilemmas including: cycling on the road without a helmet and listening to music; picking up hitch hikers/being a hitch hiker; using a mobile phone whilst driving; building site dangers; stranger danger; and dangerous dogs.

Colorcards - Decisions/Personal Safety - Indoors

These cards are designed for teenagers and adults and help the person think through how to identify and deal with unexpected and potentially dangerous situations by providing knowledge about possible and appropriate reactions. Understanding and acknowledging the need to consider this aspect of life will help the person be prepared to deal with some of life's challenges. The set will provide multiple opportunities for discussion. The kit includes a booklet that provides details about the cards and activities and ideas to use. They can be used in discussion, role-play, storytelling and creative activities. Examples of cards included are: candles lit near curtains, owning large dogs, sitting on an upstairs window ledge, very sharp knives left on the kitchen counter etc.



Call number SAC0122

#### Colorcards - Odd One Out

This activity includes a set of forty-eight cards which show objects on each card, all of the same category type except one - an odd one out. Level one shows four objects, level two five objects and level three six objects. Examples include: ice cream, popcorn, sweets - swan; cup, bowl, plate, jug - spoon; orange, lemon, lime, grapefruit, tangerine - pear.

#### Talkabout Board Game

This board game has been designed to support work on social communication skills, self-esteem and friendship skills. The Talkabout board game is a journey through the week where a player will encounter a number of different social skills tasks that need to be completed in order to get to the end of the week. The game can be played at 6 different levels by using the different colour coded packs to work on different skills: self-awareness and self-esteem; body language; conversational skills; friendship skills and assertiveness skills. It can be played with two to six players.



96 Call number SAC0129



Call number SAC0125

#### Rory's Story Cubes Original - Max

Rory's Story Cubes® MAX is the creative story generator, that encourages creativity, develops social confidence, enhances language development skills and is a fun way of creating stories in a group. Each of nine cubes measures 30mm and has six unique embossed images. The MAX set is bigger than the cubes used in the original Rory's Story Cube sets and have been specially designed to help with supporting reduced motor skills and supporting reduced vision acuity. The cubes are rolled and the group takes it in turns to use a cube to create a story together. The set comes with instructions and ideas for use.

#### Doll Family Playset

Here are three generations of one wooden family - grandparents, mum, dad, their two children and their pets - a cat and a dog. These toys can be used for pretend play and to understand social situations.



Call number SAC0126



Call number SAC0127

#### **Emotions Detective**

This is a fun cooperative game where the child gets to become an 'Emotion Detective'. To play detective, pick a card that has a picture of a common problem that can make a person feel angry, sad etc. The detectives need to name the feeling and then they work together to figure out how to help in the scenario depicted on the card. If players are unsure of an answer or want to check their answer they can flip the card over and use the magnifying glass provided to see a solution. Players can only see the answer when they use the red magnifying glass. Use it to build emotional regulation, empathy, problem solving and social skills.

#### Socially Speaking Game

This board game teaches and reinforces social skills in a fun way. The game focuses on social interaction in three key areas: home, school, and the wider community. Children are given the opportunity to practise skills such as listening, turn-taking, asking questions, making telephone calls and conveying emotions. Ideal for three to six players. The game contains a game board, 100 question cards, playing pieces, and some notes on how to get the best out of the game. The game teaches and reinforces important social interactions as well as improving self-esteem, listening skills, receptive and expressive language and problem solving.



Call number SAC0128

#### Contact Details

> Sligo Central Library Stephen Street, Sligo Town, Sligo, F91 X264 Phone: (071) 9111675 eMail: sligolib@sligococo.ie

♠ @SligoCountyLibrary
♠ @sligolib
Ø @sligoLibrary

Roscommon County Library HQ
Abbey Street, Roscommon, F42 RP49
Tel. (090) 6637270 E-mail: roslib@roscommoncoco.ie

@ @Roslibrary | @ @Roscommon Libraries | @ @RosLibrary

